

Episode 3: Making a Splash

In Episode 3 “Making a splash,” Mojo returns to the pool to take on the high-dive with the help of Katie and the staircase strategy.

1. What does Katie mean when she says, “you don’t have to take on the big challenge all at once, you can break it up into teeny tiny steps”?
2. What happens when you’re using the Staircase Strategy and you take steps that are too big?
3. How does Mojo use the staircase strategy to help him approach the diving board?

On the next page are a few “take-home” questions for families, so they can watch the video and reinforce the concept at home!



Series 6, Episode 3: Take-Home Questions

We're watching a video series about how students can take on big challenges! Watch it at <https://vid.ly/9l9g1o>, and discuss these questions with your child tonight.

1. When you're facing a challenge and you're afraid to fail, what can you do?
2. Share about a time you used the staircase strategy to help you tackle a big challenge.
3. It can be difficult to take on a challenge when you're feeling overwhelmed. What strategies can use to keep your confidence and work towards your goal?



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