

# Family Motto

What does your family stand for?

## Materials needed

- Pen/Pencil
- Download template (optional)

🕒 45 min

## Directions

### Step 1: Plan it!

Come together and get comfy! Everyone is encouraged to share their thoughts.

### Step 2: Brainstorm and take notes!

- 1) What kind of feelings do we want in our home?
- 2) How would we like other people to describe our family?
- 3) How do we want to contribute to our community?

### Step 3: Get the good stuff!

From your brainstorm, write 3-5 sentences that you agree are most important to your family.

### Step 4: Create!

Great work! Now, what does your family stand for? Make it a short and simple sentence, like “We don’t put down others and never give up!”

### Step 5: Build it!

Now that you have an amazing Family Motto, make it your own! You can use the template to design a family crest or get creative with your own materials.



**Habit tip!** The fun part about a Family Motto is getting it stuck in your head :) Say it often and aloud to help put kindness into practice. If your Family Motto is “leave it better than you found it,” then you might pick up trash left behind at a park.